

Old Bridge
“Last Chance Meet”
@ Old Bridge Track and Field Complex
Located @ Carl Sandberg Middle School
Tuesday May 25th , 2010
Meet Starts @ 5:00 pm

- We will run only **4 relays and 2 individual events**so that the meets are not as long and hopefully very competitive
- We are hoping to get some of the top teams in the state for each event
- **This will be a chance to run relays at the end of the season, get ready for the 4x1 and 4x8 at the MOC's plus qualify for the Nationals.**
- We will **medal top 10 relays and top 10 individual** competitors.
- **This might be the last chance for kids who have not qualified for the state group finals ...thus the later entry due date.**
- **Entries are due: May 24th , 2010**
- Depending on the size of the meet hytek may be used...if the meet gets large enough teams will be contacted to submit a hytek rosters to Lou Fraulo.
- We hope you can join us for some great competition
- The meet will be run by the Old Bridge and Metuchen Track Coaches.
- The **Old Bridge Track is a New 8 lane track** with all new jumping and field area's and lights.

Order of Events

Field Events (Individual)

4x800 High Jump
 4x100 Javelin
 4x400
 4x1600 (under the lights)

Last Chance Entry Form
Entry Form

	<u>Boys</u>	<u>Girls</u>
4x100	_____	_____
4x800	_____	_____
4x1600	_____	_____
4x400	_____	_____
High Jump	_____	_____
Javelin	_____	_____

- Unlimited Entries
- B Teams will be accepted
- Girls will run before boys in each event

<u>SCHOOL:</u>	<u>PHONE:</u>
<u>COACH:</u>	<u>PHONE:</u>
<u>E-MAIL ADDRESS:</u>	

Number of Individual Entries _____ @ \$8.00 each = _____ Total

Number of Relay Entries _____ @ 20.00 each = _____ Total

Make Checks payable to : **DREAM IT ATHLETICS**
Mail Entries To: Marty Holleran
 Metuchen High School
 400 Grove Ave.
 Metuchen, NJ 08840

Fax Entries To: Marty Holleran
 Fax # 732-549-6415

Any Questions Call: **Marty Holleran @ 732-567-0969**
Email address: Metuchen2003@yahoo.com